



Board Appointment Form

City Clerk's Office

Appointing Office	Cynthia Boyar Trejo, District 4
Agenda Placement	Consent
Date of Council Meeting	
Name of Board	Parks and Recreation Advisory Board
Agenda Posting Language	
Benjamin Avalos to the Parks and Recreation Advisory Board by Representative Cynthia Boyar Trejo, District 4.	
Appointment Type	Regular
Member Qualifications	
He has master's in physical education and health and administration. He is being reappointed.	
Nominee Name	Benjamin Avalos
Nominee Email Address	[REDACTED]
Nominee Residential Address	[REDACTED]
Nominee Primary Phone Number	[REDACTED]
Residing District	District 4
City Employed Relatives	N/A
Board Membership	
Former Member of Parks and Recreation Advisory Board	
Real estate owned in El Paso County	
[REDACTED]	
Previous Appointee	Benjamin Avalos
Reason for Vacancy	Term Expired
Date of Appointment	04/14/26
Term Begins On	09/01/25
Term Expires On	08/31/27
Term	Second Term

Benjamin Avalos

Personal Information

[REDACTED]
[REDACTED]

•Served in the United State Air Force from 1975-78 as a Communications Specialist and on the All-Air Force Freestyle and Greco-Roman Wrestling Team in 1978

Recent Employment Positions

2017-2022 Five Set Net Sports – Pickleball Consultant/Instructor

1984-2014 Glen Cove Elementary School/Ysleta ISD
Health/Physical Education Teacher K-5th

1999-2016 University of Texas at El Paso
College of Health Sciences/Department of Kinesiology Faculty

1984-2014 Eastwood & Hanks High School
Wrestling Coach

Education

University of Texas at El Paso
B.S. Physical Education, 1981
M.Ed. Physical Education/Health & Administration, 1987

Related Experience

- 46 years of experience teaching and playing Pickleball, 1980-2026
- USA Pickleball Ambassador, 2019-2026
- Pickleball El Paso – Vice President, 2022-2026
- Sun Bowl Association Board of Directors Member, 2025-2026

- Sun Bowl Association Pickleball Tournament Planning Committee, 2024-2026
- Pickleball Instructor for El Paso Parks & Recreation Dept., 2017-2026
- El Paso Parks & Recreation Advisory Board Member, 2022-26
- OLLI (Osher Lifelong Learning Institute) Pickleball & Garden Club Instructor/UTEP, 2023-26
- Pickleball Clinics held for numerous organizations: Wounded Warriors Foundation, Girl Scouts, El Paso Parks & Rec. Dept., Women's Club of El Paso, Fort Bliss Veterans, El Paso ISD, Ysleta ISD, UTEP Kinology, OLLI Pickleball Club, UTEP Pickleball Club, Autism Hope El Paso

Professional Recognition/Awards

- Texas State High School Wrestling Champion, 126lbs., 1975
- Texas Boys State High School Wrestling Champions, Eastwood H.S., 1985
- Texas Girls State High School Wrestling Champions, Hanks H.S., 2014
- Texas AHPERD Physical Education Teacher of the Year, 1995
- El Paso Athletic Hall of Fame Inductee for Coaching, 2017
- Texas High School Wrestling Hall of Honor Inductee for Athlete/Coach, 1993
- University of Texas at El Paso, College of Health Sciences, Award for Excellence and Service, 2010
- Glen Cove Elementary School, Ysleta ISD, Teacher of the Year, 1987 & 1993
- Mexican-American Bar Association Educator of the Year Award, 1990
- Newsmaker of the Year Award, Eastwood High School, 1989-90
- El Paso Senior Games, Sportsmanship Award, El Paso Parks and Recreation, 2019
- CATCH - Coordinated Approach to Child Health Trainer, 1998-2015
- Flaghouse Inc. Health and Physical Education Consultant, 2000-10

- Walk4Life Pedometer Physical Activity Consultant, 2003-10
- GOPHER Sports Health and Wellness Advisory Board, 2000-02
- National Board for Professional Teaching Standards, Content Review Panel for Physical Education National Certification, Philadelphia, Pennsylvania, 2001
- Border LEAN Taskforce, Paso del Norte Health Foundation, 1998-99
- Texas Education Agency, Texas Essential Knowledge and Skills (TEKS) Writing Team for Physical Education, Austin, Texas, 1996-97
- Texas Education Agency, Health Taskforce, Austin, Texas, 1992-93
- Texas Education Agency, Texas Assessment of Academic Skills (TAAS) Wellness Committee, Austin, Texas, 1992-93

Professional Recognitions/Awards

- El Paso Senior Games, Sportsmanship Award, El Paso Parks and Recreation, 2019
- Inducted into the El Paso Athletic Hall of Fame, for Coaching, 2017
- University of Texas at El Paso, College of Health Sciences, Friend of the College Award for Excellence and Service, 2010
- Peter Cribb Legacy Award for Outstanding Service to the CATCH program, 2008
- Texas CATCH Champion Award for Excellence in Coordinated School Health, 2006
- Featured in Michael and Susan Dell Foundation CATCH video, 2005
- Region 19 CATCH Teacher of the Year Award, 2001
- TAHPERD Media Award, 1994
- Texas AHPERD Elementary Physical Education Teacher of the Year, 1995
- Texas Elementary Principals and Supervisors Association, Elementary Physical Education Teacher of the Year, 1995
- Texas Department of Health – Award for Excellence in School Health, 1995
- TAHPERD PEPI Citation, Physical Education Promotion, 1994

•Texas High School Wrestling Association Hall of Fame, inducted as an athlete and coach, 1993

•Glen Cove Elementary School, Ysleta ISD, Teacher of the Year, 1992-93

•Mexican-American Bar Association Educator Award, 1990

•Newsmaker of the Year Award, Eastwood High School, 1989-90

•Glen Cove Elementary School, Ysleta ISD, Teacher of the Year, 1986-87