

**CITY OF EL PASO, TEXAS  
AGENDA ITEM  
AGENDA SUMMARY FORM**

**DEPARTMENT:** MAYOR AND COUNCIL

**AGENDA DATE:** April 25, 2023

**CONTACT PERSON NAME AND PHONE NUMBER:**

City Representative Aleksandra Anello, 915-212-0002  
City Representative Isabel Salcido, 915-212-0005  
City Representative Chris Canales, 915-212-0008

**DISTRICT(S) AFFECTED:** All

**STRATEGIC GOA:** Goal 8 – Nurture and Promote a Healthy, Sustainable Community

**SUBJECT:**

**APPROVE a resolution / ordinance / lease to do what? OR AUTHORIZE the City Manager to do what? Be descriptive of what we want Council to approve. Include \$ amount if applicable.**

Discussion and action to direct the City Manager to implement a city program to provide free menstrual products in all city facilities.

**BACKGROUND / DISCUSSION:**

**Discussion of the what, why, where, when, and how to enable Council to have reasonably complete description of the contemplated action. This should include attachment of bid tabulation, or ordinance or resolution if appropriate. What are the benefits to the City of this action? What are the citizen concerns?**

N/A

**PRIOR COUNCIL ACTION:**

Has the Council previously considered this item or a closely related one?

N/A

**AMOUNT AND SOURCE OF FUNDING:**

**How will this item be funded? Has the item been budgeted? If so, identify funding source by account numbers and description of account. Does it require a budget transfer?**

N/A

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\*\*\*\*\*REQUIRED AUTHORIZATION\*\*\*\*\*

## RESOLUTION

**WHEREAS**, equity and affordability regarding menstrual health is defined as the idea that menstruation is a normal bodily function & aspect of life and the care of menstrual health is important; and

**WHEREAS**, the community members of the City of El Paso believe that providing free menstrual products defined as tampons, pads, menstrual cups, and period panties in public spaces will help reduce stigma and promote menstrual equity, which is essential for ensuring gender equity in our community; and

**WHEREAS**, poor menstruation health can have an impact on a person's mental health such as anxiety, depression, or mood swings during their menstrual cycle, and by providing resources for good menstrual health, individuals may be able to alleviate some of these symptoms; and

**WHEREAS**, menstruation is a natural bodily function experienced by nearly half of the world's population, and should not be stigmatized or shamed, nor be a financial burden on an aspect of life that an individual cannot control; and

**WHEREAS**, in Texas, 1 in 6 women and girls ages 12 to 44 live below the poverty line, and the average individual during menstruation spends about \$20-\$40 on menstrual products per cycle, adding up to about \$11,000-\$18,000 over their lifetime; and

**WHEREAS**, providing access relieves financial burdens to communities and individuals in El Paso, opens up future discourse into physical health, and encourages better education on an individual's biology, which will help relieve issues in physical health and mental well-being to many individuals who suffer from not being able to obtain substantial menstrual health-care; and

**WHEREAS**, the City of El Paso previously has no record of care or dialogue regarding menstrual health and menstrual equity, and opening a dialogue is important for the well-being and improvement of healthcare in our community, and the provision of menstrual products in government buildings and public schools can help ensure that individuals who menstruate have the resources they need to manage their periods with dignity and respect, and it is the responsibility of the city to ensure that all individuals have access to basic necessities, including menstrual products; and

**WHEREAS**, the City of El Paso recognizes menstrual health and menstrual equity and the need to address the importance of normalizing menstruation thereby providing menstrual products and resources regarding menstrual health to the community of El Paso and recognizes the work of Deeds, not Words and their Student Chapter at UTEP and EPCC and their work on promoting awareness on menstrual issues.

**NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF EL PASO:**

That the City Council of the City of El Paso directs the City Manager to create a City program providing free menstrual products in all city-owned buildings at all times, including during emergencies such as natural disasters and public health emergencies, and will allocate all necessary budget allocations for this program in the FY2024 budget for the program to be implemented on September 1, 2023, and continue in perpetuity, and directs the City Manager to come back and present the plan for this program on a City Council meeting that will be held in July 2023, to include presenting a proposed campaign for advertising this program around the city.

**APPROVED** this \_\_\_\_\_ day of \_\_\_\_\_ 2023.

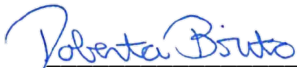
**THE CITY OF EL PASO:**

**ATTEST:**

\_\_\_\_\_  
Oscar Leeser, Mayor

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Laura D. Prine, City Clerk

**APPROVED AS TO FOR CONTENT:**



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Roberta Brito  
Assistant City Attorney