

# KELLY CENTER FOR HUNGER RELIEF

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HELPING EL PASOANS  
ADDRESS HUNGER AND  
FOOD INSECURITY



Food insecurity is an official term from the USDA. It's when people don't have enough to eat and don't know where their next meal will come from.

Texas has more food-insecure people than any other state.

**The rate of food insecurity in El Paso is twice that of Texas.**



Food Insecurity Rates

|                |              |
|----------------|--------------|
| US             | 12.8%        |
| Texas          | 17.6%        |
| <b>El Paso</b> | <b>35.0%</b> |

|                                 |         |
|---------------------------------|---------|
| El Paso County Population:      | 875,000 |
| Number of Food Insecure:        | 306,250 |
| Food Insecure Households:       | 125,000 |
| Households Kelly served (2024): | 27,000  |

# United Way ALICE

**A**sset **L**imited, **I**ncome **C**onstrained, **E**mployed

Household that earn more than the Federal Poverty Level, but less than the basic cost of living in El Paso.

|                            |         |     |
|----------------------------|---------|-----|
| Households in Poverty      | Texas   | 14% |
|                            | El Paso | 21% |
| ALICE Households           | Texas   | 29% |
|                            | El Paso | 32% |
| Poverty + ALICE in El Paso |         | 53% |

# Impacts of Hunger



## Physical Health

People who experience food insecurity are more likely to experience malnutrition and chronic conditions like heart disease and diabetes

## Mental Health

There is a strong and mutual correlation between food insecurity and mental health issues such as depression, anxiety, anger, and stress.



# Impacts of Hunger



## Well-Being

Not meeting basic needs like food and shelter can lead to social isolation, stigma, and shame.

## School and Work

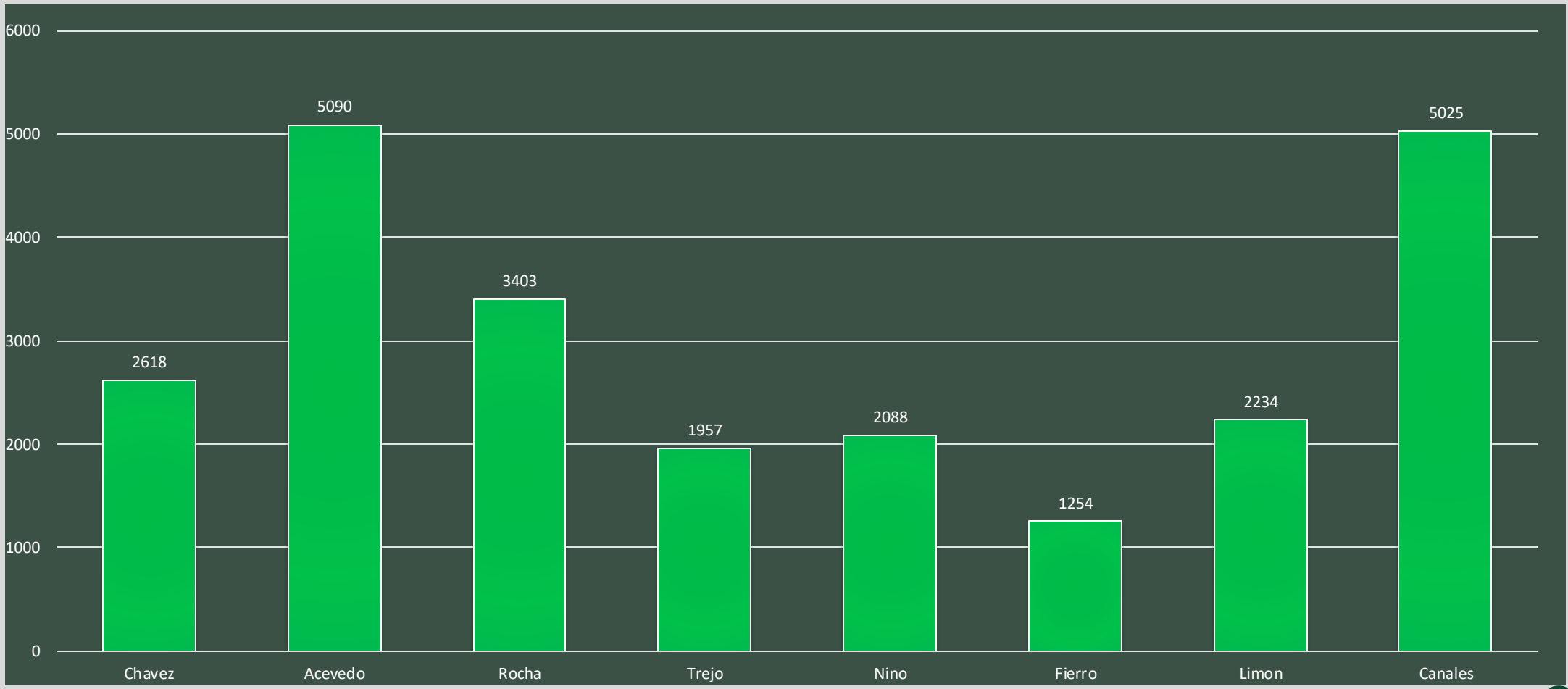
Without enough food, people who experience food insecurity may have difficulty concentrating, have low energy, or miss school and work due to illness.

# Local Impact



|                              |               |
|------------------------------|---------------|
| Total costs due to Illnesses | \$452,900,000 |
| Total Educational costs      | \$68,200,000  |
| Total Charity costs          | \$224,700,000 |
| Total annual cost            | \$745,900,000 |
| Per capita                   | \$ 857.47     |
| Percent personal income      | 1.9%          |

Unique Households using Kelly's  
Food Pantry By Council District  
(in 2024)

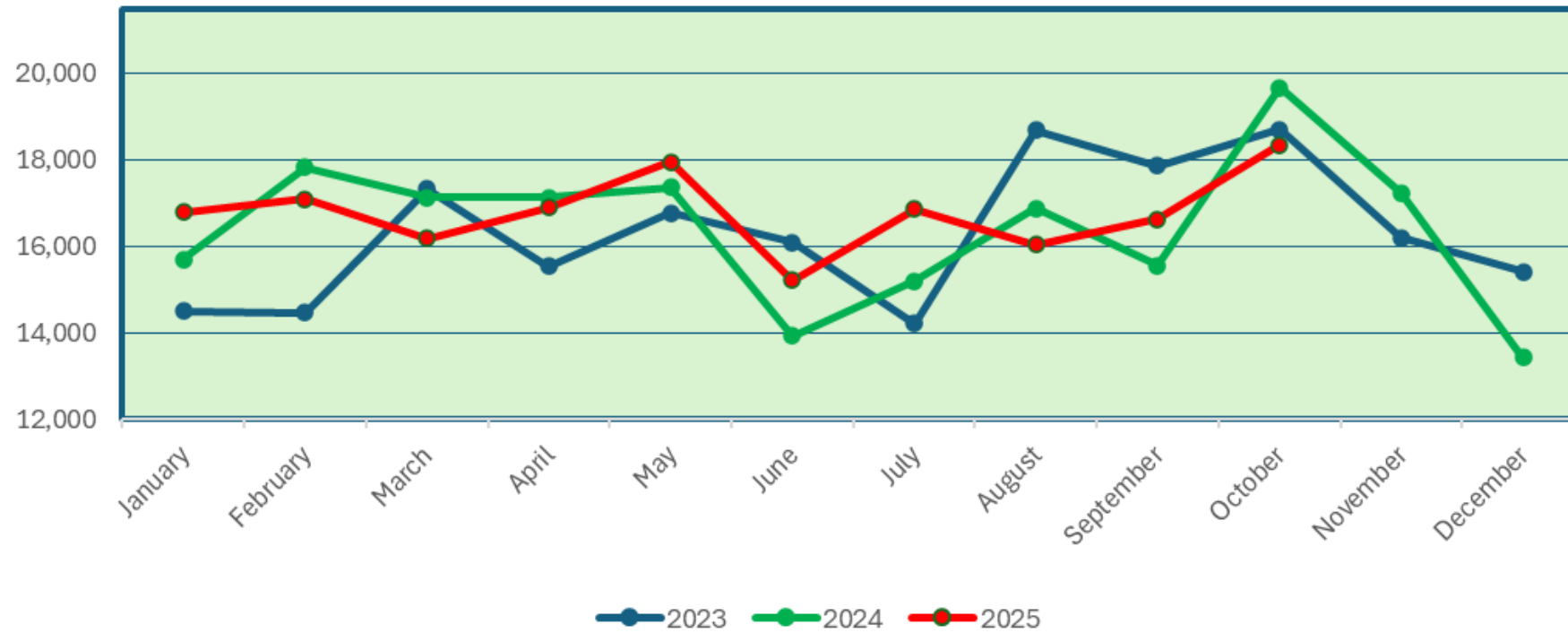




Kelly Food Pantry

## TOTAL MONTHLY FOOD DISTRIBUTIONS

HOUSEHOLDS



# El Pasoans Fighting Hunger Food Bank

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- Trucking Company
- Warehousing Facility
- Distribution Firm
- Food Logistics Center
- Social Service Access



# Mission

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Kelly's mission is to help El Pasoans address hunger and food insecurity

Food Pantry

FreshStart

Jardin de Milagros

Clothes Closet

Research

Advocacy

Give a Fish

Teach to Fish – Self-confidence, efficacy

Grow Fish

Clothe the naked

ROI = Cost of Problem / Cost of Programs

Policy impacts

# Questions Raised

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**Why** are so many El Pasoans food insecure?

**What** can we do **now** so that in 25 years things are different?

**How** would reducing food insecurity impact the economic development of El Paso?

# Food Security → Economic Development

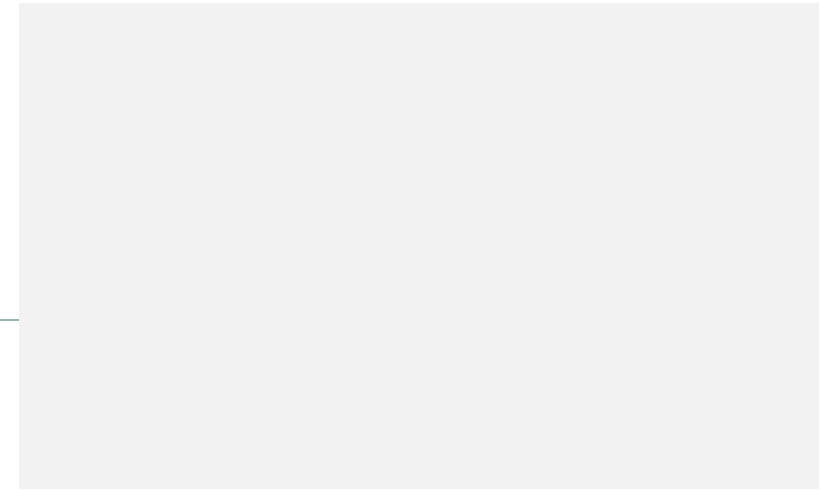
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# Kelly Center for Hunger Relief

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## **More than Food**

The Kelly Food Pantry provides a gateway to services  
and a hub for collaborative support.



Hope

Health

Self-sufficiency

# **KELLY** CENTER FOR HUNGER RELIEF

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## QUESTIONS?