

**RESOLUTION**

**WHEREAS**, Post-Traumatic Stress Disorder (PTSD) has been recognized as an official mental health diagnosis by the Diagnostic and Statistical Manual of Mental Disorders since 1980; and

**WHEREAS**, anyone can develop PTSD when they experience or witness a traumatic event, and approximately 12 million people will have post-traumatic stress disorder within a given year; and

**WHEREAS**, Veterans of the Armed Forces and active-duty military members are disproportionately impacted by PTSD; and

**WHEREAS**, many post-traumatic stress responses remain unreported, undiagnosed, and untreated due to a lack of awareness about post-traumatic stress and the persistent stigma associated with mental health conditions; and

**WHEREAS**, post-traumatic stress significantly increases the risk of post-traumatic stress responses, including anxiety, depression, homelessness, substance abuse, and suicide, especially if left untreated; and

**WHEREAS**, El Pasoans can call the 9-8-8 Suicide and Crisis Line or the Emergence Health Network Crisis line at 915-779-1800 if they or a loved one are experiencing a mental health crisis; and


**WHEREAS**, June is recognized as Post Traumatic Stress Disorder Awareness Month, a time for people to raise awareness of Post-Traumatic Stress Disorder treatment and recovery.

**NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF EL PASO:**

**THAT**, the City of El Paso recognizes June as Post-Traumatic Stress Disorder to bring awareness to those with PTSD and to encourage people to reach out to their fellow citizens to provide support and remove the stigma associated with this disorder.


**APPROVED** this 6<sup>th</sup> day of June 2023.

**THE CITY OF EL PASO**



Oscar Leeser  
Mayor

**ATTEST:**



Laura D. Prine  
City Clerk

**APPROVED AS TO FORM:**



Josette Flores  
Deputy City Attorney

