



# National Parks and Recreation Month

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# Background

July is Parks and Recreation Month, celebrating the lasting impact of parks and recreation professionals on communities nationwide.

Park and Recreation Programs are essential to community health and well-being, helping to cultivate lifelong friendships, memories, and family bonds that people cherish for decades to come.





# History

- Established in 1985
- Highlights the dedication of Parks & Rec Professionals
- 160,000 full-time Parks and Rec professionals in the United States
- The U.S House of Representatives passed an official resolution for Parks and Recreation Month in 2009
- Parks and Recreation agencies nationwide are recognizing the month of July with programming.





# Facts

- 276 million people in the United States visited a local park or recreation facility at least once during the past year (NRPA, 2025).
- More than 7 in 10 U.S residents have at least one local park, playground, open space, or recreation center within walking distance of their homes (NRPA, 2025).
- 81% of adults seek high-quality parks and recreation when looking for a place to live.
- 91% agree that parks and recreation are an important service provided by their local government.







# Benefits

- Mental Health Improvements
- Higher Physical Activity Levels
- Connection to Nature
- Health Equity





# Theme

#BuildTogetherPlayTogether

NRPA'S PARK AND  
RECREATION MONTH

**BUILD**

TOGETHER

*Play*

TOGETHER



NRPA'S PARK AND  
RECREATION MONTH

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# Parks and Recreation Events

July 12	Summer Splash Bash	Galatzan Recreation Center
July 15	Red, White, and Blue Bingo for all ages	Wayne Thornton Community Center at Grandview
July 15	Volleyball Camp	Don Haskins Recreation Center
July 16	Aqua Explorers	Chamizal Community Center and Spray Park
July 16	Senior Archery Day	Nolan Richardson Recreation Center
July 17	Splash Day	Seville Recreation Center



# Parks and Recreation Events

July 18	Water Kickball	Rae Gilmore Community Center
July 23	Basketball Camp	Don Haskins Recreation Center
July 26	Outdoor Adventures	Eastside Regional Recreation Center (The Beast)





# Conclusion

Parks and Recreation Agencies provide spaces, programs, and services that are essential to a community's vitality.

Park and Recreation Professionals are key to ensuring that all community members have equitable opportunities to get active.

