






# CITY OF EL PASO

## CLUB REC SUMMER CAMP



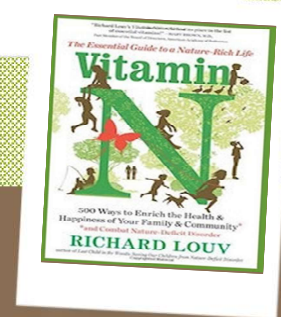
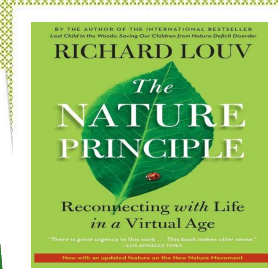
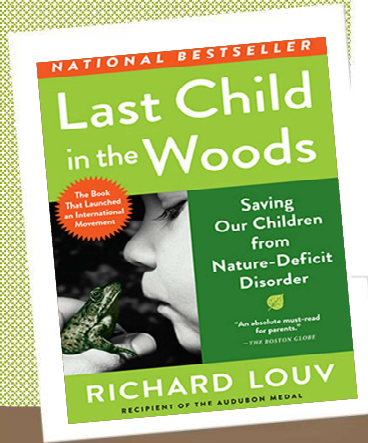

## Summer Camp

- Youth – Ages 6-12  
Teens – Ages 13-16
- Monday – Friday  
Times: 9 am to 1 pm
- Scholarships Offered to Eligible Clients to Attend at **NO COST**
- Pricing: Youth – \$40 a week or FREE!!  
Teens – \$20 a week or FREE!!
- Eligibility Requirements:  
Income Limits, Eligibility Form, Proof of Income, Reside within City Limits
- Approach to Service: Structured and Unstructured Recreational and Educational Activities



## Nature Deficit Disorder (NDD)

- Societal disconnect with nature is affecting today's children
- Less Time Spent Outdoors = Emotional & Physical Issues
- Obesity, Depression, Attention Difficulties
- Shift from the Countryside to Cities
- Shift from Outdoors to Indoors – 7.5 hrs./day on electronics
- Feeling Alienated from Nature
- Vulnerable to Negative Moods & Reduced Attention Span
- Children become Less Observant = Diminished Use of Senses
- Direct & Spontaneous Contact w/Nature is Vanishing
- Time Spent in Nature Essential to Balanced Psychological & Physical Development



## Outcomes



- **Objective:** Improve quality of life during summer months by attending a summer camp program
- **Goal:** Provide opportunities for personal development and to connect with nature and the outdoor environment
- **Natural Environment:** Unique opportunities for engagement, risk taking, creativity, mastery & control, strengthens one's sense of self, inspires sense of wonder, lowers levels of hyperactivity and impulsivity
- *Experiences in nature early in their lives establish a lifelong connection with their environment*



## Program Elements

**Our programs establish a strong foundation in a non-competitive, supportive environment.**

### Physical Activity

- Fear of Ridicule or Not Knowing How
- Addresses Barriers to Play
- Teach Skills needed to play with Confidence and Ability
- Safe Environment to Learn and Practice
- Improved Skills-Boosts Self-Esteem
- More Enthusiastic & Willingness to Participate
- Sportsmanship
- Teamwork

### Arts and Crafts

- Variety of Supplies
- Create Simple Fun Projects
- Develop Dexterity, Hand-Eye Coordination
- Innovation and Creativity
- Self Expression
- Boosts Self Esteem
- Socialization Skills
- Relieves Stress
- Improves Memory
- Decision Making Skills

### Games

- Follow the Rules of the Game
- Taking Turns
- Using Strategies
- Communication Skills
- Social Skills/Make Friends
- Learning to Win/Lose Graciously

## Alignment

### Strategic Goal 3.2: Connecting people to city-wide programs that improve their QOL

- Environmental Education
- Field Trips and Presentations
- Reduce, Reuse, Recycle
- Decrease Energy and Water Use to Lower Household Energy Costs
- Increase Awareness of Conservation and Sustainability Efforts
- Future Stewards of Our Natural Environments
- Gardening



### Strategic Goal 4: Enhance QOL through Recreational, Cultural, and Educational Environments

- Variety of Sports, Games, Art
- Fun and Enjoyable
- Be Active, Creative, Make New Friends
- Recycled Art Projects
- Talent Show
- Field Trips Educational/Fun
- Guest Speakers Informative/Interactive



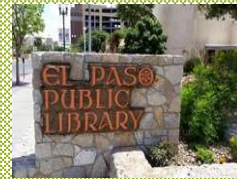
### Strategic Goal 8: Nurture and Promote a Healthy, Sustainable Community

- Nurture Families- offer working parents a positive alternative to leaving kids home alone and unsupervised during summer months
- Safe, engaging place to go with caring adults exposed to positive influences





## Collaborate Partnership & Guest Speakers



## Recreation Centers city-wide



THE BEAST RECREATION CENTER

- **The Beast Recreation Center:** 13501 Jason Crandall (38)
- **Chamizal Recreation Center:** 2119 Cypress Ave (05)
- **Don Haskins Recreation Center:** 7400 High Ridge Rd (12)
- **Gary Del Palacio Recreation Center:** 3001 Parkwood Dr. (25)
- **Marty Robbins Recreation Center:** 11620 Vista del Sol (35)
- **Wayne Thornton at Grandview Rec Center:** 3134 Jefferson (30)
- **Sylvia Carreon Recreation Center:** 709 Lomita Dr (07)
- **Veterans Recreation Center:** 5301 Salem Dr. (24)





***And our summer adventure begins at Club Rec Summer Camp.....***